



# Vaccination for healthy ageing:

## Preventing herpes zoster in the older population

Join us from 12pm AEST on Thursday 20<sup>th</sup> May, in person or virtually, to learn more about strategies for the prevention of herpes zoster in Australia, including a new recombinant (non-live) zoster vaccine which will be available in coming months.

### Symposium Details

Thursday 20<sup>th</sup> May 2021  
12pm AEST

As our immunity declines with age, we become more susceptible to infectious diseases. Preventing disease by vaccination is an important priority for the ageing population. Herpes zoster, which occurs after reactivation of the varicella zoster virus, is a key example of an important vaccine-preventable disease for this population. Most cases of shingles (over 70%) occur in adults aged over 50 years<sup>1</sup> and often result in chronic complications such as post-herpetic neuralgia that can severely impact a patient's quality of life for up to 16 years.<sup>2</sup>

This seminar will explore vaccination strategies for herpes zoster, including a new recombinant (non-live) zoster vaccine which will be available in coming months.

### Speaker

Associate Professor  
Michael Woodward AM

Senior Geriatrician and Director of Aged Care Research at Austin Health.



A/Prof Woodward has a keen interest in vaccinations for older people, having co-ordinated the 3<sup>rd</sup> revision of the Vaccination Position Paper of the ANZSGM and overseen

the *Vaccination of Older People* series of articles published in *Modern Medicine*. He is also a member of the Scientific Advisory Committee of the Immunization Coalition and has conducted several randomised controlled trials of vaccines. A/Prof Woodward is also involved with healthcare professional training for the RACP and has been President of the Victorian Division of the Australian Association of Gerontology and a federal counsellor for the ANZSGM.

1. National Centre for Immunisation Research and Surveillance. Zoster vaccine for Australian adults [Fact sheet]. 2017. 2. Dworkin RH, Schmader KE, Goldstein EJ. Treatment and prevention of postherpetic neuralgia. *Clin Infect Dis*. 2003;36(7):877-882.